

Community Connections Resource Guide

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SECTION 1: FOOD RESOURCES

Martha's Table	2114 14th St., NW Washington DC T: (202) 328-6608 Open Monday-Friday from 11:00 am – 4:00 pm and Saturday from 10:00 am – 2 pm http://www.marthastable.org/
So Others Might Eat (SOME)	71 "O" St. NW T: (202) 797-8806 ext. 2109 Open: Every day of the year • Breakfast: 7 am – 8:30 am • Lunch: 11:00 am – 1:00 pm *Currently doing to-go meals* https://www.some.org/
Thrive DC St. Stephen's Episcopal Church	1525 Newton St. NW T: (202) 373-9311 Daily Bread/Daily Needs: Breakfast for men, women, & families; lunch to go, emergency grocery bags, fresh fruits and vegetables • Mon. - Wed. - Fri. Hot Breakfast, Tues. - Thurs. Sandwiches • Fresh Food Fridays - Every Friday 12:30 pm – 1:30 pm • Dinner Program: Nightly nutritious dinner for women and children (safe, peer supported) Starts at 3 pm, Doors open at 2 pm https://www.thrivedc.org/resources/
Share Program	T: 1-800-21-SHARE Contact info: YONETTE WILSON-WILLIAMS at YONETTE.WILSON-WILLIAMS@CC-DC.ORG

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	(301) 864-3115 EXT. 017 https://www.catholiccharitiesdc.org/share
Capital Area Food Bank Hunger Lifeline	4900 Puerto Rico Avenue, NE Washington, DC 20017 P: (202) 644-9800 https://www.capitalareafoodbank.org/
Miriam's Kitchen	2401 Virginia Ave., NW T: (202) 452-8926 <ul style="list-style-type: none"> • Monday – Friday, all year long (no matter the holiday or weather emergency) • Breakfast: 6:30 am – 8 am • Dinner: 2:30 pm - 4:15 pm https://miriamskitchen.org/
Allen Food Program Allen Chapel African Methodist Episcopal Church	2498 Alabama Avenue SE Washington, DC 20020 T: (202) 889-3296 FAX: (202) 889-2198 Food Pantry http://www.acamec.org/index.php/ministries/allen-food-pantry
Assumption Catholic Church Pope Francis Outreach Center	3401 Martin Luther King Jr Ave SE Washington, DC 20032 T: (202) 561-5941 Food Pantry & Food Bank Clothing Donation http://assumptiondc.org/outreach/
Bread for the City	1640 Good Hope Rd SE Washington, DC 20020 T: (202) 561-8587 <ul style="list-style-type: none"> - Benefits Coordination - Food Bank/Clothing - Legal Assistance - Medical clinic - Representative Payee Program

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	https://breadforthecity.org/
USDA National Hunger Hotline	For people seeking food assistance. The hotline, operated by Hunger Free America, can be reached Monday through Friday between 7 a.m. to 10 p.m. ET. 1-866-3-HUNGRY (1-866-348-6479) or 1-877-8-HAMBRE (1-877-842-6273) (for Spanish)
Mission of Love- Food Pantry	6180 Old Central Ave. Capitol Heights, MD 20743 T: (301) 333-4440 Food Pantry: Monday/Wednesday/Friday 9:00am to 3:00pm Snap: Monday – Friday 9:00am to 3:30pm https://www.molcinc.org/what-we-do/programs/
The Father McKenna Center-Day Center and Food Pantry	19 I St NW Washington, D.C., 20001 T: 202-842-1112 <u>Meals:</u> For men experiencing homelessness Monday-Friday Breakfast (8am-8:45am) Lunch (11:15am) <u>Food Pantry:</u> M, T, Th, Fr @1:30 for low-income DC residents with a permanent address

SECTION 2: CLOTHING RESOURCES

Capitol Hill Crisis Pregnancy Center	713 Maryland Avenue, NE Washington, DC 20002 T: (202) 546-1018 Monday-Friday 10am-4pm The center can organize shelter, free baby clothes, diapers, and maternity items. http://www.capitolhillpregnancycenter.org/
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Center City Community Corporation	128 M Street, NW Washington, DC 20001 T: (202) 789-0446 Mondays-Fridays 9:00 am - 5:00 pm https://www.homelesshelterdirectory.org/
Central Union Mission	Address - 1350 R Street, NW Washington DC 20009 T: (202) 745-7118 Sunday-Saturday 7:30am-10pm https://www.missiondc.org/
Father McKenna Center	19 Eye Street NW Washington, DC 20001 T: (202) 842-1112 1 st and 3 rd Thursdays of each month @8am Interview-style clothing available at request https://fathermckennacenter.org/
Martha's Table Outfitters	Martha's Outlet Northwest 2122 14 th St NW, Washington, DC 20009 T: 202-328-6609 Hours: Monday-Saturday 12pm-6pm Martha's Table Anacostia 2204 Martin Luther King Jr. Ave, SE Washington, DC 20020 Hours: Tuesday-Saturday 11am-4:30pm Provides professional clothing. May come every 60 days to select clothing. An ID is required. https://marthastable.org/blog/shop-and-shine-at-marthas-outfitters/
Suited for Change	1010 Vermont Ave. NW, Washington, DC 20005 T: 202-293-0351

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Provides clothing to low-income women who are entering the job market and looking for professional attire.
Programs@suitedforchange.org

SECTION 3: CHILDREN AND FAMILIES

DC Child Care Connections	<p>T: (202) 829-2500 Mon-Fri 9am-5pm Email OSSE.DCChildcareConnections@dc.gov to get assistance. The District's childcare resource and referral agency helps parents and families find early care and education options, answer questions and connect with early care and education resources. https://dcchildcareconnections.org/</p>
Child Care Aware	<p>T: (800) 424-2246 Mon/Wed/Fri 9:30 a.m. – 6 p.m. EST, Tues/Thurs 8 a.m. – 4 p.m. EST Early childcare and education search and guide. https://www.childcareaware.org/families/</p>
Thrive by Five	<p>350 Pennsylvania Avenue, NW, Suite 223 Washington, DC 20004 T: (202) 727-1750 Email: thrivebyfive@dc.gov Monday to Friday, 9 am to 5:30 pm The District of Columbia's one-stop resource to ensure that families have the early childhood health and education resources they need to succeed. https://thrivebyfive.dc.gov/page/providers</p>
Strong Start Early Intervention Program	<p>T: (202) 727-3665 Strong Start provides information, resources, and support to families with children birth to age 3 with developmental delays.</p>

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	https://osse.dc.gov/service/strong-start-dc-early-intervention-program-dc-eip-information-families
Greater DC Diaper Bank	T: (202)656-8503 Diaper Need Hubs provides information about organizations that distribute diapers in the DMV area. Click here to find partnering organizations: https://greaterdcdiaperbank.org/our-programs/diaperhubs/
Healthy Babies Project	4501 Grant Street, NE Washington, DC 20019 T: (202) 396-2809 For 20 years, Healthy Babies Project, Inc. (HBP) has connected high-risk, underserved pregnant D.C. women and young parents to a variety of family resources (education programs, family housing, pregnancy tests, advocacy training, doula services, etc.) http://www.healthybabiesproject.org/
ARE (Associates for Renewal in Education) Child Development Associate Training Program	45 P Street NW Washington DC 20001 T: (202) 483-9424 dminor@areinc.org Early Childhood Education, After School, Summer Camp, and Youth Career Development Programs. http://www.areinc.org

SECTION 4: LGBTQIA+

Intergenerational OUT for Support Services & Socializing on Capitol Hill (IOUT)	T: (202) 543-1778 IOUT fosters intergenerational mentoring, learning and social engagement on Capitol Hill. Contact Katie Garber, Director of Care Services and Programs kgarber@capitolhillvillage.org https://dacl.dc.gov/service/lgbtq-programs-0
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Seabury Out and About	<p>T: (202) 397-1725</p> <p>Contact Kirsten Fuller at kfuller@seaburyresources.org</p> <p>Connects DC LGBTQ older adults through wellness programs, cultural events and conversations designed to address the concerns within the community. It is our mission to better understand the growing needs of LGBTQ older adults through listening, creating, and delivering programming with sensitivity, knowledge, and pride.</p> <p>https://www.seaburyresources.org/</p>
Silver Circles	<p>Whitman Walker-Health Max Robinson Center 2301 Martin Luther King Jr. Ave., SE Washington, DC 20020</p> <p>T: (202) 939-7646</p> <p>Silver Circles are peer-led support groups for adults age 60+ who identify as LGBTQ that are offered in several locations. Each group meets for one hour twice a month and are offered by Iona Senior Services and Whitman-Walker Health. To register contact Michael Mitchell at Whitman-Walker Health at mmitchell@whitman-walker.org or call (202) 939-7646.</p> <p>https://www.iona.org/silver-circles/</p>
<p>DC Center for the LGBTQ Community</p> <p>-Support Groups</p> <p>-Special Events</p>	<p>Check https://thedccenter.org/ for available events/groups</p> <p>2000 14th St NW #105, Washington, D.C., 20001</p> <p>T: 202-682-2245</p> <p><u>Support groups include:</u></p> <ul style="list-style-type: none"> Coming Out Support groups Bisexual support group Trans people support group LGBTQIA+ w/ disabilities support group Genderqueer support group Asian Pacific Islander queer support group

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	<p>South Asian LGBTQIA+ support group LGBTQ People of Color support group Black lesbian support group LGBT Older adults support group Gay Men's Book Club And more!</p>
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SECTION 5: FURNITURE

Freecycle	Offers free items from furniture, mattresses, and much more. Simply go to the website freecycle.com and enter the city of your preference. A list of free items will be listed. https://www.freecycle.org/
Furniture Program - Central Union Mission	<p>65 Massachusetts Ave NW, Washington, DC 20001 Mon-Fri 7:30-10pm info@missiondc.org T: (202) 745-7118 Fax: (202) 464-0058</p> <p>Furniture is available on a first come, first serve basis. No holds. Customers must provide their own transportation and own people to lift the furniture.</p> <p>https://www.missiondc.org/what-we-do/family-programs/</p>

SECTION 6: PET CARE

Humane Rescue Alliance	<p>71 Oglethorpe Street, NW, Washington, DC 20011 202-723-5730 9:00 a.m. - 8:00 p.m. Monday through Friday 9:00 a.m. - 5:00 p.m. on Saturday and Sunday.</p>
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SERVICES:

- BEHAVIOR & TRAINING
- HUMANE EDUCATION
- MEDICAL
- PET PANTRY
- KEEPING PETS IN THEIR HOME
- HOUSING RIGHTS AND RESOURCES
- SURRENDER YOUR PET
- SAFE HAVEN PROGRAM FOR THOSE EXPERIENCING DOMESTIC VIOLENCE

<https://www.humanerescuealliance.org/programs-services>

SECTION 7: NON-EMERGENCY HOUSING

<p>Catholic Charities - DC Refugee Service Center</p>	<p>924 G Street, NW Washington, DC 20001 T:(202) 772-4300, (202) 266-3063 Communications@CatholicCharitiesDC.org FAX: (202) 772-4401 Established clients may schedule an appointment to receive services, available Monday - Thursday, 2 pm - 4 pm. Offering refugees referrals, housing, employment, and education. Must be a DC resident and maintain a status of refugee, asylee, or conditional entrant, Ages 16 and older. http://www.catholiccharitiesdc.org</p>
<p>DC Emergency Aid Fund - Plymouth Congregational United Church of Christ.</p>	<p>5301 North Capitol Street NE Washington, DC 20011 T: (202)-723-5330, (202) 723-2542 FAX: (202) 723-9478 plymouthcongregational@yahoo.com Provides rent mortgage and utility assistance to individuals and families living in Ward 4 through the DC Emergency Assistance Fund. Prevents the homelessness of</p>

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	<p>singles and families and provides assisted clients with the case management and supportive services for 90 days.</p> <p>http://www.plymouth-ucc.org</p>
Emery Work Bed Program	<p>Current location (main building under construction): 87 New York Ave NW T: 202-635-1041</p> <p>https://dccfh.org/programs/transitional-housing/emery-work-bed-program-ewbp/</p> <p>Transitional housing for individuals working at least 20 hours per week</p> <p>Required to enter:</p> <ol style="list-style-type: none"> 1. Identification 2. Police clearance 3. TB Test 4. Proof of employment
Emergency Rental Assistance Program - Housing Counseling Services (ERAP)	<p>2410 17th Street NW Washington, DC 20009 T: (202) 667-7007, (202) 462-5305</p> <p>info@housingetc.org</p> <p>Emergency rental and utility assistance through various programs to DC residents who are homeless or in immediate danger of becoming homeless. ERAP may help pay overdue rent, late costs, court fees, security, or damage deposit, and first month's rent. These rental assistance programs provide emergency payments only and do not provide ongoing housing subsidies. Call the Homelessness Prevention Program (HPP) at (202) 667-7339 to find out what assistance programs are currently available and whether you may be eligible for assistance.</p> <p>Eligibility: Low-income, DC residents who face housing emergencies. Household must include at least one of the following: a child under 19, an adult over 59 or a person with a disability.</p> <p>http://www.housingetc.org</p>

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<p>NCBA (National Caucus & Center on Black Aging) Housing Development Corporation</p>	<p>2801 14Th Street, NW Washington, DC 20009 T: (202) 387- 4367, (202) 462-9079 9:00 am - 4:30 pm, Monday – Friday Provides safe, decent, and sanitary housing for the elderly (62 years of age, disabled or handicapped). http://www.ncbahmc.com</p>
<p>UPO (United Planning Organization) ERAP (Emergency Rental Assistance Program)</p>	<p>T: (202) 238 4609 UPO can help obtain payment for overdue rent, a security deposit for a new residence, or your first month’s rent at a new home. If you qualify, call (202) 562-3800 to get an appointment set up within 48 hours or email housingservices@upo.org. Eligibility:</p> <ul style="list-style-type: none"> • Resident of the District of Columbia • Delinquency must be related to illness or shutdown (you lost a job or business, worked reduced hours, or fell sick) • Proof of your rental delinquency from the landlord • Applicants can’t earn more than 80% of the median family income (\$67,950 for a single-person household, up to \$135,800 for a family of 8). <p>http://www.upo.org/housing-counseling/</p>
<p>Housing Counseling Services INC</p>	<p>Adams Morgan Location: 2410 17th St, NW Suite 100 Washington, DC 20009 T: 202-667-7006 Includes HPAP, EAHP and other home purchase programs funded by the DC Department of Housing and Community Development (DHCD), the Inclusionary Zoning program, and the Affordable Dwelling Unit Counseling and income certification program which is by referral only. Also provides rental assistance program connections.</p>

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	http://housingetc.org/
Housing Resource Clinic District Alliance for Safe Hosing (DASH)	400 I St. SW, Washington, DC 20024 T: 202-462-3274 info@dashdc.org Provide a continuum of low-barrier safe housing options and holistic services to ALL domestic and sexual violence survivors – women, men, LGBTQ+ survivors, immigrant survivors, and elder survivors. https://www.dashdc.org/programs-services/safe-housing/
Friendship Place	4713 Wisconsin Ave. NW, Washington, DC 20016 T: 202-364-1419 Welcome Center Hours: Tuesdays and Thursdays 9 am- 12pm & 1pm-3pm <ul style="list-style-type: none"> • Permanent and Short-Term Housing • Transitional Shelters • Veteran Services • Job Placement • Drop-in Clinic https://friendshipplace.org/programs-outreach/housing/
N Street Village: Permanent Supportive Housing Holistic Housing Miriam’s House Erna’s House Eden House Diane’s House Phyllis Wheatley YWCA Capitol Vista	T: (202)939-2076 info@nstreetvillage.org Offers a variety of different housing programs and services for women in D.C. experiencing homelessness. Services: Housing, Meals and Basic Needs, Health & Wellness, Employment & Income. https://www.nstreetvillage.org/about-the-village/programs-impact/housing-community/
SOME Single Adult Housing/SRO	Contact: SAHintake@some.org for current openings T: 202-797-8806

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	<p>Single adult housing offered by lottery or application depending on the availability, contact by email for more information NOTE: Some income restrictions may apply</p>
<p>DHCD Inclusionary Zoning Lottery and Affordable Dwelling Unit Programs</p>	<p>IZ and ADU offers affordable subsidized rent across DC, as part of the affordable housing requirements for any new apartments, condominiums, etc. Income restrictions apply, see here for more details <u>For IZ Program:</u></p> <ol style="list-style-type: none"> 1. Orientation is required, find an orientation schedule and sign up here 2. After completing orientation and receiving a certificate, register the completion on this page 3. Emails will be sent to your contact with information around IZ lottery and eligibility for affordable housing 4. Information on lottery and non-lottery IZ housing can be found here <p><u>For ADU program:</u></p> <ol style="list-style-type: none"> 1. No orientation required, can apply on basis of income restrictions 2. Availability information for ADU's can be found here

SECTION 8: EMERGENCY HOUSING

<p>Harriet Tubman Housing (women)</p>	<p>DC Health Campus 1910 Massachusetts Ave. SE Building #27 Washington, DC 20003 T: (202) 795-9966 https://www.catholiccharitiesdc.org/harriettubman/ Services: Residents accepted on a first-come, first-served basis and provided a bed (bunk) and sheets/blanket. Showers and personal toiletries.</p>
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	Day Program Services are offered to shelter residents Monday through Friday 10am-4pm.
<p>The Patricia Handy Place (N Street Village)</p> <p>*Currently open to adult men*</p>	<p>810 Fifth Street NW, Washington DC <u>(202) 733-5378</u></p> <p>The Patricia Handy Place is trauma-informed, dignified, and safe men experiencing homelessness. Intake and a bed is provided upon arrival into the shelter.</p> <p>Currently open to men, but will be transformed back into women's shelter at some point in future (date TBD)</p>
801 East Building Men Emergency Housing (Men)	<p>801 East Building 2700 Martin Luther King Ave., SE Washington, DC 20032 T: (202) 561-4014 Fax: (202) 561-4019 Hours: 5 pm to 9 am, daily.</p> <p>18 years and older. The program offers a hot dinner, access to case management staff, showers, and a bed on a nightly basis. The low-barrier shelter provides 380 beds every night and is open from 7pm to 7am daily. https://www.catholiccharitiesdc.org/housinghelp/801east/</p>
The New York Avenue Shelter (Men)	<p>1355 New York Avenue, NE Washington, DC 20002 Phone: (202) 832-2359 Fax: (202) 832-4851 Hours: 5 pm to 9 am, daily.</p> <p>Serves males over the age of 18. The program offers a hot dinner, access to case management staff, showers, and a bed on a nightly basis. The low-barrier shelter is open from 7 pm to 7 am daily pending weather alerts issued by DC government.</p>

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	https://www.catholiccharitiesdc.org/housinghelp/newyorkave/
The Community for Creative Non-Violence (CCNV)	425 Mitch Snyder Place (2nd Street), NW Washington, DC 20001 T: 202-393-1909 The shelter also provides clothing and meals. http://www.theccnv.org/about.htm
Adam's Place	2210 Adam's PI NE #1, Washington, DC, 20018 T: 202-832-8317 Provides emergency shelter , as well as day services Opens at 5pm for overnight shelter each evening
Central Union Mission	65 Massachusetts Ave NW Washington, DC, 20001 T: 202-745-7118 Must check-in by 3pm Contact by phone for additional expectations

SECTION 9: LEGAL

Washington Lawyers' Committee for Civil Rights and Urban Affairs	11 Dupont Circle Suite 400 DC 20036 T: (202) 319-1000 & (202) 319-1000 x8001 FAX: (202) 319-1010 WLC@washlaw.org http://washlaw.org/
DC Bar Association Legal Information Hotline	1016 16th St NW Suite 101 Washington, DC 20036 202-626-3499 info@badc.org http://www.badc.org
Legal Aid Society of Washington, DC	1331 H St, NW Suite 350

*Information is subject to change without notice. Last updated: 4/10/22

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Main Office NW	<p>Washington, DC 20005 T: 202-628-1161 Initial Interview Hours: Monday: 12:30pm-6pm Thursdays: 12:30pm-4pm https://www.legalaiddc.org/get-help/</p>
Legal Aid Society of Washington, DC “Big Chair” Office SE	<p>2041 Martin Luther King, Jr., Ave, SE Suite 201 Washington, DC, 20020 Initial Interview Hours: Monday: 10am-1:30pm Thursday:10am-1:30pm</p>

SECTION 10: EDUCATION AND EMPLOYMENT

Academy of Hope	<p>601 Edgewood St NE Suite 25 Washington, DC 2001 T: (202) 269-6623 Adult basic education, ABE computer skills, General Education Development, and GED classes. http://www.aohdc.org</p>
Byte Back	<p>815 Monroe Street NE Washington, DC 20017 (202) 529-4684 info@byteback.org http://www.byteback.org/ Computer courses to unemployed and underemployed job readiness assistance preparing for job interviews, resume writing job search.</p>
DDS Dept of Disability	<p>250 E St, SW Washington, DC 20024 T: 202-730-1700 Vocational/Educational services</p>

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	<p>Call to schedule an intake. https://dds.dc.gov/node/777322</p>
CEET (Center for Empowerment and Employment Training) Job Training Program	<p>600 W Street NE Washington, DC 20002 T: (202) 832-4070 and (202) 832-4075 aobarakpor@yahoo.com www.CEET.org 10:00 am - 4:00 pm, Monday - Friday (Job Placement Services); 6:00 pm - 9:00 pm, Monday - Thursday (Classes)--Fall and Spring Semesters, also open on Fridays in the summer. Training ESL, GED preparation, computer application, Word, Excel, PowerPoint, Access, Basic Computer Training, A+ Certification, customer services and sales, entrepreneurial bookkeeping and accounting job search job readiness including: interviewing resume; basic literacy math. Eligibility: DC Metropolitan Area Ages 16 and over</p>
A Wider Circle's Professional Development Center	<p>To set up an appointment to receive professional attire and accessories, contact Alicia Donahoe at alicia@awidercircle.org For information on participating in workforce development programs, individual job coaching, or to set up an appointment email: workforcedevelopment@awidercircle.org</p>
Jubilee Jobs	<p>Location 1: 2712 Ontario Rd. NW Washington, DC 20009 - NW Office T: (202) 667-8970 Location 2: 2419 Minnesota Ave. SE Washington, DC 20020 - SE Office T: (202) 758-3710 Call to schedule an appointment before coming into the office. Individuals must come alone. https://www.jubileejobs.org/</p>

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<p>Goodwill Job Training and Readiness Program</p>	<p>https://dcbgoodwill.org/education/training-programs/ T: 202-719-1288 Free Offers training programs for DC, VA, and MD residents Includes training fields of hospitality, security, etc. Can register online at link above for orientation to learn more</p>
<p>Project Empowerment</p>	<p>https://does.dc.gov/service/project-empowerment-program 4058 Minnesota Ave NE Washington DC 20019 T: 202-698-5599 Assists with transition into the workforce through recruitment, training, matching, and coaching candidates for successful employment. <u>Requirements for all applicants:</u> 22-54 years old District resident Currently unemployed Drug-free- Willing to take drug test <u>And at least 3 of the following:</u> Basic skills deficiency (Determined by CASAS testing score) Lack of a secondary education (no HS diploma or GED) Documented history of substance abuse Homelessness A history of job cycling; no steady employment Convicted of a felony or previously incarcerated</p>
<p>Friendship Place's Aim Hire Job Placement Program</p>	<p>https://friendshipplace.org/programs-outreach/aimhire-job-placement/ For questions: jgradowski@friendshipplace.org</p>

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	<p>To join, must first attend orientation session (Wendesdays at 2pm)</p> <p>Can join by doing the following:</p> <ol style="list-style-type: none"> 1. Dial phone number: 301-715-8592 2. Dial meeting ID number: 875 0534 6927# 3. Dial # (no numbers needed) 4. Passcode: 996427#
Project Reboot	<p>4 Choke Cherry Road, Rockville, MD, 20850</p> <p>T: (301) 330-0034</p> <p>Email: reboot@projectreboot.org</p> <ol style="list-style-type: none"> 1. Referral form (signed) from 1 of more than 800 area referring agents registered with Project Reboot. 2. Picture ID that matches the name on the referral form 3. Enough cash to purchase your computer. <p>For a referral, send an email request for the form to reboot@projectreboot.org (Schools are given priority)</p> <p>https://projectreboot.netlify.app/</p>

SECTION 11: HOTLINES

CFSA (Child and Family Services)	<p>24-hour hotline</p> <p>T: (202) 671-7233</p> <p>https://cfsa.dc.gov/service/report-child-abuse-and-neglect</p> <p>Hotline to report suspected child abuse and neglect</p> <p>Mandated reporters must call- <u>Consult Supervisor</u></p>
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<p>Adult Protective Services</p>	<p>64 New York Ave NE 4th Floor Washington, DC 20002 T: (202) 671-4200 http://dhs.dc.gov/service/adult-protective-services Investigates reports of abuse, neglect, and exploitation of frail elderly and disabled adults. Mandated reporters must call- <u>Consult Supervisor</u></p>
<p>Catholic Charities Children and Adolescent Mobile Psychiatric Service Hotline CHAMPS</p>	<p>1001 Lawrence Street NE T: (202) 481-1440 https://www.catholiccharitiesdc.org/champs/ Emergency response service for children, teenagers and adolescent adults who are having a mental health or behavioral health crisis.</p>
<p>CPEP (Comprehensive Psychiatric Emergency Program)</p>	<p>DC General Hospital Compound 1905 E Street, SE Bldg. # 14 Washington, DC 20003 Open 24 hours T: (202) 673-9319 and (202) 698-3171 Provides psychiatric emergency services for all residents of the District of Columbia. Services include a crisis hotline and a mobile outreach team. Eligibility: All persons in the District of Columbia in need of mental health services</p>
<p>CrisisLink PRS (Psychiatric Rehabilitation Services)</p>	<p>601 S Carlin Springs Road Arlington VA 22204 703-516-6766 information@crisislink.org www.crisislink.org 24/7 crisis center providing around-the-clock crisis and suicide prevention, intervention, and support services. All are eligible</p>

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DBH (Department of Behavioral Health) Suicide Crisis Helpline	64 New York Avenue, NE Washington, DC 20002 Open 24 hours T: (202) 561-7000 and (888) 793-4357 All persons in the District of Columbia in need of mental health services
DC Medicaid Managed Care Program (HMO Hotline)	1820 Jefferson Place, NW Washington, DC 20036 T: (202) 639-4030 and (202) 393-0740 www.providers-dchealthyfamilies.com Information about HMO plans to Medicaid recipients. Medicaid recipients when approved may choose HMO health plans Medicaid: 202-442-5988 Amerigroup (Americaid Community Care): 1-800-600-4441 Chartered Health Plan: 1-800-408-7511, 202-408-4720 Health Right: 1-877-284-0282 HSCSN: 1-866-937-4549
DC Rape Crisis Center - Rape Crisis Hotline	Open 24 hours T: (202) 333-7273 dcrcc@dcrcc.org Hotline trained counselors 24 hours a day, 7 days a week support for survivors of rape, incest and childhood sexual abuse. Offers a companion program to accompany survivors to hospitals, courts and police proceedings. https://dcrcc.org
DC Relay Service Deaf hard of hearing TTY service and telebraile for the blind	725 13th Street, NW Suite 905 Washington, DC 20005 Open 24 hours T: (800) 682-8706 and (800) 855-1155 http://www.att.com/relay Transmits conversations between people who use text telephones (TTY) or telebraille (TB) and people who use voice telephones. The deaf, hard-of-hearing, late-deafened, or speech-disabled person types his or her conversation over a text telephone (TTY). The message is then relayed by a Communications Assistant (CA),

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word for word, to the hearing person on the other end of the line. Then the CA types what the hearing person has said back to the TTY user.

SECTION 12: SUPPORT GROUPS

Alcoholics Anonymous Groups	Meeting Information: https://aa-dc.org/meetings
Narcotics Anonymous Groups	Meeting Information: https://www.cprna.org/our-areas/meetings/district-of-columbia-area/
National Association for the Advancement of Returning Citizens (NAARC)	Citizens returning to the community following an incarceration can join this group to learn how to navigate re-entry. Each meeting has new information, guest speakers and resources. Meetings are held every Wednesday 6:00-7:30 pm via Zoom. NAARC also provides mentorship and resources. https://www.naarc.org/reentry-naarc
Depression and Bipolar Support Alliance (DBSA) Support Groups for Adults w/ Mood Disorders	Offers a variety of support groups in the DMV area for individuals seeking support with a mood disorder (Bipolar, depression, etc.). In-person AND virtual options Check website for specific groups, times, etc. https://www.dbsanet.org/supportgroups.html
<i>SEE ABOVE (Section 4) for LGBTQIA+-specific support groups</i>	Multiple LGBTQIA+ specific support groups available in section 4

SECTION 13: FAMILY SUPPORT GROUPS

NAMI DC	422 8th St SE 2nd Fl Washington, DC 20003 T: (202) 546-0646 Fax: (202) 546-6817
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	<p>Groups meet on Wednesdays, 7 to 9 pm ET, and Saturdays, 2 to 4 pm ET. During the covid-19 pandemic meetings are online via Zoom</p> <p>Pre-registration is required for each meeting. To register, email supportgroups@namidc.org, or call 202-546-0646 for more information.</p> <p>https://www.namidc.org/support-for-you/support-groups/</p>
NAMI Family-to-Family Education Program	<p>Every Thursday 6pm-9pm The National Presbyterian, 4101 Nebraska Ave NW</p> <p>This is a free course for family members of those with serious mental illness. Attendees will learn about different mental illnesses and their causes, the various types of depression, problem solving, self-care, and fighting stigma. The class is led by trained family members who have experience.</p> <p>Register by calling or emailing NAMI DC at namidc@namidc.org and 202-546-0646.</p>
Al-Anon and Alateen Groups	<p>Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situation.</p> <p>Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking.</p> <p>Meeting Information: http://www.al-anon-alateen-dcmd.org/index.php/site/meetings/</p>
NAMI Basics OnDemand	<p>This is a free online class for caregivers and family members caring for youth under the age of 22 years old who have a mental illness. Over six sessions, the class covers coping methods, brain biology, communication skills, crisis preparation, treatment, and how to navigate mental health and education systems.</p> <p>The class has online registration.</p> <p>See: https://www.nami.org/Videos/NAMI-Basics-OnDemand for more information</p>

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DBSA Group for Families and Loved Ones of Individuals with Mood Disorders	Location may vary (Zoom/virtual also offered) Check: https://www.dbsanca.org/supportgroups.html for sign-up information 1 st and 3 rd Wednesday of each month @ 7:30 pm