

(in alphabetical order by type of assistance requested)

EMERGENCY NUMBERS		S = Services also provided in Spanish	S= Servicios en Español
Abused Adults	DC Adult Protective Services	202-541-3950	
Abused Children	DC Child & Family Services	202-671-7233	
Domestic Violence	National Domestic Violence Hotline	1-800-799-7233	
	JCADA (Jewish Coalition Against DV)	1-301-315-8041	
Human Trafficking	National Resource Center	1-888-373-7888	
Mental Health Crisis	DC Mobile Crisis Service-Adult	202-673-9300	
	DC Access Help Line	1-888-793-4357	
Rape/Sexual Assault	DC Rape Crisis Center Hotline	202-333-7273	
	National Sexual Assault Hotline	S 1-800-656-4673	
Shelter	DC 24-Hour Emergency Shelter Hotline	800-535-7252	
Suicide	go to a local emergency room	911	
	National Suicide Prevention Hotline	S 1-800-273-8255	

ALL REQUESTS – Information Hotline

DC Human Services hotline, www.answersplease.dc.gov call 211 or 202-463-6211

Adult Education/GED Classes/External High-School Diploma

Literacy Helpline, dclibrary.org/node/5510 202-727-2431
Academy of Hope, (sites in NE & SE) 202-269-6623
Byte Back (computer literacy), 815 Monroe St. NE 202-529-3395

Budgeting/Debt Counseling Resources

FDIC Money Smart,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Capital Area Assets Builders (CAAB), 1444 Eye St, NW 202-419-1440

Burial Assistance

DC Burial Assistance Program, 645 H Street, NE (ESA Service Center) 202-698-4112

Case Management/Walk-in Social Worker Services

Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45a; 2:30-5:45p 202-452-8926
So Others Might Eat (S.O.M.E.), 71 "O" St. NW, M-F, 8am intake 202-797-8806
Bread for the City, 1640 Good Hope Rd., M-Thurs, 9:30-11:30am 202-265-2400
Bread for the City, 1525 7th St. NW, Mon,Tues,Thurs, 9-11am or 1-3pm 202-561-8587

Children's Services

Champs (mobile psychiatric crisis service – 24/7; ages 6-18) 202-481-1440
Child Care Vouchers, 4001 South Capitol St. SW 202-727-0284
Urban Alliance (paid internships for high school seniors) 202-459-4300

Clothing

Bread for the City, 1640 Good Hope Rd. SE 202-561-8587
(Free; T, W, R 10am-2pm. Free; bring your own bag)
So Others Might Eat (S.O.M.E.), 71"O" St. NW (T, F 8:30-11:30) 202-797-8806

Counseling

Catholic Charities Anchor Mental Health, 1001 Lawrence St NE, DC 202-635-5400
DC Department of Mental Health (DMH) 24-Hour Helpline 888-793-4357
DMH, 35 K St. NE, 8:30am-3pm (walk-in psychological assessments) 202-442-4202
Family Matters, 45 "I" Street, NW 202-289-1510
Grief Counseling – Wendt Center, 4201 Connecticut Ave. NW 202-624-0010
Comprehensive Psychiatric Emergency Program 202-673-9319

Dental Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400x4
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806

Domestic Violence

Ayuda, Inc, **S** 202-387-4848
DASH Resource Clinic, every Wed, 1-3:30pm 202-425-7573
House of Ruth 202-667-7001x51

Disability Services (supported employment, job training, etc.)

Department of Disability Services, 1125 15th Street NW 202-730-1700

Economic Security Administration (ESA) Service Centers (formerly called IMA)

(Food stamps/Medicaid/TANF- all locations. Temporary disability - H Street only.)
Hours: Monday-Friday 8:15am- 4:45pm; extended hours until 8pm on Wednesdays
Anacostia, 2100 Martin Luther King Jr. Ave., SE **S** 202-645-4614
Congress Heights, 4001 South Capitol Street, SW **S** 202-645-4525
Fort Davis, 3851 Alabama Ave., SE **S** 202-645-4500
H Street, 645 H Street, NE (also provides temporary disability funds) **S** 202-698-4350
Taylor Street, 1207 Taylor Street, NW **S** 202-576-8000

Eye Care

Exams - So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Exams - Washington Hospital Center, 110 Irving St. NW **S** 202-877-3937
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE 202-269-0203

Financial Stability Network

Free financial education, tax services and more. (FSN@cc-dc.org) 202-772-7947

Family Support

Strong Families (DC Dept. of Human Services) 202-698-4293
Far Southeast Family Strengthening, 2041 MLK Jr Ave. SE 202-889-1425

Food - Groceries

Capital Area Food Bank Hunger Lifeline 202-639-9770
DC Food Finder (sources closest to any DC address) www.dcfoodfinder.org
Food Stamps (now called "SNAP", look under "Economic Security Administration" sites)
WIC Hotline (Women, Infants, Children – food) 800-345-1942
SHARE Program, www.sharedc.org 301-864-3115
(pay \$20 for \$40-45 of groceries, EBT welcome)

Food - Meals

S.O.M.E., 71 "O" St. NW, daily, 7-8:30am, 11-1pm 202-797-8806
Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-8am; 4:45-5:45p 202-452-8926

Furniture (call first, you must provide transportation)

Mission of Love, 6180 Old Central Ave., Capitol Heights, MD 301-333-4440
A Wider Circle, Silver Spring, MD 301-608-3504

Health Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400
Affordable Care Act // DC Health Link **S** 855-532-5465
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Unity Health Care Clinics (for the under and un-insured) 202-715-7901
Medicare/Medicaid Insurance (look under "*Economic Security Administration*" sites)

HIV Testing/Support

Family and Medical Counseling Service, 2041 MLK Jr. Ave. SE, #303 202-889-7900
Metro Health, 1012 -14th St. NW, Suite 700 202-638-0750

Housing Search Resources/ Strategies

Housing Counseling Services, 2410 17th Street, NW 202-667-7006
(session every Thursday at 4pm on looking for housing in DC)
DHCD Housing Resource Center, 1800 MLK Ave. SE (8:30a-3:30p) 202-442-9505
Database of housing options: www.dchousingsearch.org
Victory Housing (an ADW program) www.victoryhousing.org 301-493-6000
Check: realtors, City Paper (Thurs), Washington Post (Sat & Sun), consider roommate.

Identification/Birth Certificates

Salvation Army, 1434 Harvard St. NW (Wed & Thurs, call first) 202-250-7705
Foundry Methodist Church, (requires an online referral by a social services agency)

Immigrant-Focused Services

Catholic Charities' Immigration Legal Clinics, (arrive early, \$80 consultation fee)
Tuesdays, 9:30 AM 924 G Street NW
Wednesdays, 9:00 AM 1618 Monroe St. NW
Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400
CARECEN, 1460 Columbia Road NW, Suite C-1 (only) **S** 202-328-9799
Ayuda, 6925 B Willow Street NW **S** 202-387-4848

Job Search Resources

Catholic Charities Employment Referrals **S** 202-939-2400
DC Department of Employment Services (DOES) 202-724-7000
Jubilee Jobs, 1640 Columbia Road. NW. 202-229-1240
Samaritan Ministry, 1345 U St. SE (889-7702) or 1516 Hamilton St. NW 202-722-2280

Legal Assistance

Catholic Charities Legal Network **S** 202-350-4305 // 202-772-4325
Bread for the City, 1525 7th St. NW (walk-in Monday 1-3pm) 202-265-2400
Bread for the City, 1640 Good Hope Rd., SE (walk-in Monday 1-3pm) 202-587-0527
Legal Aid Society **S** 202-628-1161
University Legal Services 202-547-4747
Washington Legal Clinic for the Homeless 202-328-5500

Library (internet, computer classes, movies, free children's programs)

Martin Luther King Jr., 901 G St. NW, (or call for 25 branch offices) 202-727-0321

www.CatholicCharitiesDC.org

Phone

Assurance Wireless, (free phone with 250 minutes/month) **S** 888-898-4888

Pregnancy/Parenting

Catholic Charities' Sanctuaries for Life Program 301-441-1472
Northwest Pregnancy Center, 2702 Ontario Road, NW 202-483-7008
Healthy Babies Project, 4501 Grant Street, NE 202-396-2809

Prison Outreach

Catholic Charities, Welcome Home Reentry Program **S** 202-772-4300x040
Voices for a 2nd Chance, 1422 Mass Ave. SE 202-544-2131

Rental/Mortgage Assistance (must call for an appointment)

Catholic Charities' SE Family Center, 2812 Pennsylvania Ave., SE 202-338-3100
Community Partnership/ Virginia Williams, 920 Rhode Island Ave NE 202-526-0017
Housing Counseling Services, 2410 - 17th St. NW, Suite 100 202-667-7339
Salvation Army, 1434 Harvard Street NW, Suite B 202-332-5000
Salvation Army, 2300 Martin Luther King Ave. SE 202-678-9771
Dept. Housing & Community (mortgages), www.dhcd.dc.gov 202-442-7200
HUD's Making Home Affordable Program, www.makinghomeaffordable.gov
Tenant Survival Guide: <http://ota.dc.gov/node/374252>

Senior Citizens (60+)

DC Office on Aging, 441 4th Street, NW, Suite 900 202-724-5622

Shelter (Emergency) & Homelessness

Men 801 East, 2700 Martin Luther King Jr. Ave. SE **S** 202-561-4014
New York Avenue Shelter, 1355 New York Ave. NE 202-832-2359
Women Josephine Bakhita Shelter for Women 6010 Ga. Ave NW 202-829-0420
Open Door Shelter, 425 2nd Street NW 202-393-1909
Harriet Tubman, 1900 Massachusetts Ave. SE 202-795-9966
Family Virginia Williams, 920 Rhode Island Avenue, NE 202-526-0017
(Central intake for displaced DC families, 8:30-4pm, M-Th)
Day Capitol Hill Group Ministry, 1338 G Street SE 202-544-3150
(Mon-Fri 8am-6pm. Shower, computer, phone, laundry, kitchen facilities)

Substance Abuse Treatment Programs

District of Columbia Free Rehab Center.org 1-800-780-2294
Clean and Sober Streets, 425 2nd St. NW (9am-7pm) 202-783-7343
Assess & Refer Ctr. DBH 75 P St, N.E. 202-727-8473

Transportation (call first)

Father McKenna Center, 19 Eye St. NW 202-842-1112
Thrive DC, 1525 Newton St. NW **S** 202-737-9311
Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE 202-371-1937

Utility Assistance

DC Energy Assistance Program 311 or 202-673-6750
Strong Families (DC Dept. of Human Services) 202-698-4293
Salvation Army 202-332-5000
Greater Washington Urban League 202-265-8200

Veterans Support

DC Vet Center, 1250 Taylor St. NW (8:30am-4:30pm M-F) 877-927-8387